MISSOURI DEPARTMENT OF MENTAL HEALTH COMPREHENSIVE PSYCHIATRIC SERVICES STATE ADVISORY COUNCIL MEETING MINUTES December 15, 2005 Jefferson City, Missouri

Members Present: Sarah Stanton, Robert Qualls, Karren Jones, Suzanne Taggart, Karia Basta, Erica Stephens, Geody Frazier, Ethel Wesson, Joanne Fulton, Linda Clarke, Julie Ousley, Janet Munsterman, John Harper

Members Absent: Mariann Atwell, Anna Maria Bellatin, Ruth Brandon, Donna Lay, Bobbie Meinershagen, Helen Minth, Susan Pijut, LuAnn Reese, Vivian Russell, Betty Taylor,

Visitors: Dr. James Coleman, Ph.D., Fulton State Hospital

DMH Staff: Diane McFarland, Susan Blume, Mark Miller, Tony Menditto,

SAC Staff: Rosie Anderson-Harper, Cindy Proctor

TOPIC/ISSUE	DISUSSION	ACTION/PENDING Responsible Due Date
CALL TO ORDER	Robert Qualls, called the meeting of the Missouri Department of Mental Health (DMH), Division of Comprehensive Psychiatric Services, State Advisory Council (SAC) to order at 10:00 a.m. on Thursday, December 15, 2005. The meeting was held at the DMH, Conference Room B, 1706 East Elm Street, Jefferson City.	
INTRODUCTIONS	Welcome and introductions were facilitated by Robert Qualls. Rosie Anderson-Harper introduced the contents of the SAC packet.	

FULTON STATE HOSPITAL'S FOCUS ON SAFETY PRESENTATION

Dr. James Coleman, Ph.D., Project Coordinator, Program Evaluation and Research Services, Fulton State Hospital, presented a PowerPoint presentation *Fulton State Hospital's Focus on Safety:* Building a Culture of Partnership and Recovery. The presentation described common assumptions about seclusion and restraints in hospital facilities used to help keep the people we serve and staff members safe.

Goals for development of the strategic plan is to:

- ➤ Goal #1 Create a culture of recovery for all consumer and staff
- ➤ Goal #2 Create a culture emphasizing alternatives to seclusion and restraints and use of safe physical interventions when they are unavoidable
- ➤ Goal #3 Involve program, unit and hospital leadership in methods to review and reduce seclusion and restraint usage
- ➢ Goal #4 Consumers will have a greater role in the life of the organizations to facilitate necessary culture change
- ➤ Goal #5 Build partnership between staff and consumers by eliminating barriers between them that contribute to a culture of "control and coercion"
- ➤ Goal #6 Improve assessments of consumers with trauma history and provide trauma informed care
- Goal #7 Use data to inform practice

The expected outcome is to decrease seclusion and restraint incidences, client injuries, staff injuries and work time loss, improve client and staff morals, and create a supportive treatment environment for all.

Fulton State Hospital is working on a client driven project called Project Peace. This is geared to promote non-violence in the maximum security unit.

DIRECTOR'S REPORT

Diane McFarland congratulated SAC member, Karren Jones, who was presented the "Hero In the Fight" award from NAMI and Eli Lilly at a dinner banquet in Kansas City, MO on December 14th, 2005.

Medicaid Reform Commission Information

Diane presented and discussed the draft of the Mental Health section of the Medicaid Reform Commission Report. The draft lists the history, transformation, and recommendations for mental heath in Missouri.

DMH is looking at the different Medicaid waiver options for Comprehensive Psychiatric Services (CPS). The two highest protective factors are medications and employment. We have the highest level of unemployment and we need to make changes to the system to promote employment.

<u>Procovery</u>

Procovery in Missouri is making a movie which will be out in 2006 along with a plan for a collective grant. Procovery has a song titled, "Just Start Anywhere" and a procovery poster. To access the procovery website log on to www.procovery.com

Government Review Commission Recommendations

- * Recommends a cross-agency committee that fits with what we are prepared to do with transformation.
- Recommends consolidating DMH and Health licensing for children and adult residential facilities to avoid duplications, overlaps, and confusion.
- Recommends that the DMH undergo an external review of its services and programs for the advocacy.

BUSINESS MEETING	Business Meeting	
	The revised October SAC meeting minutes were unanimously approved and accepted by committee vote.	
	Block Grant - In September, we submitted our application. The Implementation Report was due December 1 st .	
	We are working on the modifications, based on a peer review process, to the application. Data is a very important factor for the federal block grant. Kathy Harmon, a consultant from Kansas, will be working with us through the changes that SAMSHA is requesting.	
	SAMHSA is moving towards outcome measures and evidence-based practices. We are working on an evidence-based practice for children and adults. The evidence-based practice, for children, will be geared towards therapeutic foster care. We have 65 licensed therapeutic foster cares in Missouri. For adults, we are moving towards supportive employment.	
	What is SAC's role in the data process? The SAC's role is to provide monitoring and consultation regarding services by looking at data throughout the year. Sarah Stanton suggested putting data on the monthly SAC agenda.	
	At the next SAC meeting in January, we will discuss the overview of the data indicators and what each one measures. We will then decide which ones we want to discuss at our SAC meetings.	
COMMITTEE MEETINGS	Consumer Conference Committee	
	The committee, chaired by Geody Frazier, decided to hold the	

Consumer Conference on Mental Health Awareness Day scheduled in April. Reservations have been made for the Capitol, Senate side of the 3rd floor of the rotunda for this event and reservations will be made for rooms at the Truman Building. Karren Jones will be speaking on Procovery. The committee is working on the conference agenda. Geody spoke to Dr. Coleman about asking Joel Slack to be the key note speaker at the conference.

Community Based Monitoring Committee

This committee has finished their work. Rosie will present the recommendations to Diane McFarland.

Customer Service Committee

No report at this time.

Data Committee

Discuss data indicators at the next meeting.

MEMBER REPORTS

Member reports

Karia Basta - Missouri Housing Develop Commission (MHDC) awarded tax credits for Housing Trust Funds. To access the MHDC's website log on to www.mhdc.com There are 90 grants for the Housing Trust Fund. A lot of the funding goes for rent, utility deposits, and assistance. The funding is broken down by areas of the state.

The National Low Income Housing Coalition does an annual study every year called Priced-Out. Housing wages for Missouri have fallen. Missouri ranks 19th for affordable housing.

ADJOURN	The full council meeting adjourned at 2:00 p.m.	Next CPS SAC Meeting is January 26, 2006.
	Linda Clarke – Linda and her daughter accepted the DMH offer to serve on the Comprehensive Children's Mental Health Services System Stakeholders' Advisory Group.	
	Ethel attended a conference in Connecticut in reference to pro-meds. This group does not believe in medications.	
	Ethel Wesson – NAMI of Kansas City, Missouri will be holding Crisis Intervention Team training with the Police Department. The class will be held on January 30 th , 31 st , and February 3, 2006. If anyone is interested in taking the class, please contact NAMI of Kansas City.	
	Erica presented the SAC with a hand-out, Protection and Advocacy for Individuals with Mental Illness and a survey.	
	Erica Stephens - Attended the National Organization for Social Security Claimant Representatives in Orlando, Florida. She learned more about Social Security and representing individuals with Mental Illness.	
	Funding for Housing opportunities for people with AIDS was cut in half.	
	HUD has not announced the continuum of care funding or the Ad-11 project (which is strictly housing for people with disabilities).	